

Cheh Khabar?

W H A T ' S N E W ?

January 2020

GOLESTAN
MONTHLY
NEWSLETTER

JANUARY 2020



How We Organize Ourselves

**The interconnectedness of
human-made systems and communities**

Galestan's

PRESCHOOL MONTHLY THEMES

Seasons, Our climate, Weather cycles and Our Environment

In December, preschoolers learned about seasons, our climate, the environment, and weather cycles. They explored how climates can change from one geographic location to another, how the seasons affect the landscape, animals, and humans, how vulnerable our planet is and how we can make a positive impact on our natural environment.

Astronomy and Our Solar System

In January, They learn about planets in our solar system, gravity, and our beloved planet Earth. Their month is full of fun experimentation in STEAM, Physics, and cooking classes, to name a few.



SOCIAL CULTURAL STUDIES

In December, we learned about winter festivals: Hanukkah, Christmas, and Shabeh Yalda (winter solstice) and how these rituals are similar to each other and how each ties into nature and our planet.

In January, preschoolers learn about Western Europe: The United Kingdom, France, Italy, Spain, and Germany.

IDEAS AND RESOURCES FOR YOUR FAMILY

01

VISIT CHABOT SPACE CENTER!

Chabot Space Center in Oakland is a great place for a fun family field trip. More information [HERE](#).

02

ENJOY A CUP OF FLU FIGHTING TONIC, TURMERIC TEA!

Add the following ingredients to 8 cups of boiling water, steep, sieve, and enjoy!

- 1" ginger root- finely minced
- 1" turmeric root- finely minced (or 1tsp powder)
- 1 lemon or lime- half juiced and half sliced
- 1 teaspoon cinnamon
- 2 whole cloves
- 4 cardamom pods- crushed
- a pinch of black pepper
- Honey to taste





Golestan's Core Values:
{And IB's Learner Profiles}

We are kind.

{Justice, Warmth, Compassion,
Empathy, Generosity}

We are mindful.

{Identity, Diversity,
Stewardship, Engagement,
Humility, Reflection}

We are courageous.

{Action, Leadership, Service,
Curiosity, Altruism, Inquiry,
Cooperation, Collaboration,
Persistence}

Golestan's

LOVING HEARTS CLASS

Kindergarten-First Grade

Golestan is an International Baccalaureate (IB) candidate school and follows IB's Primary Years Program (PYP) Standards for elementary school and our after school program. The PYP is a trans-disciplinary program that includes six defined subject areas within its theme-based hands-on approach to learning within the framework of national standards:

1. Mathematics,
2. Language(s),
3. Social studies,
4. Science,
5. Physical education, &
6. Arts

Students become aware of the links across the curriculum and understand the interconnected nature of the various subjects, both with one another and within the trans-disciplinary themes.

In December and January, Our K-1 students explore the IB unit: "How We Organize Ourselves;" an inquiry into the interconnectedness of human-made systems and communities.

In this unit, the kids spend two months delving deep into the systems that connect us as human beings. What brought our families here. What bring us closer to our friends and family. How our society is organized and connected with intricate and robust transportation systems. This Unity of Inquiry enables the kids to develop a deeper understanding for how communities make efforts to create systems for transportation that meet their needs and how our society can adapt to make these systems more responsible and sustainable.

Galestan's

AFTER SCHOOL PROGRAM

For Kindergarten through High School

In December, the after school students continued to learn about the IB unit: "How We Organize Ourselves;" an inquiry into the interconnectedness of human-made systems and communities. They explored how communities make efforts and create systems for transportation that meet their needs.

They discussed the history of transportation (Water, air, land), and the correlation between people's needs and inventions through an 8-week long project that will continue through Jan'20.

Through this project, they will learn about the current pollution concerns relating to water, air and land transportation systems - discussing how, as individuals, we need to be mindful and find solutions for the well-being of our planet earth- *not only for our generation* but also the future generations.

During the first part of this 3-part project, the students focused on the water transportation system, *locally in the Bay Area*. They made sailboats and a ferry using recycled materials such as recycled paper, toilet paper rolls, paint, hot glue and recycled plastic containers with different techniques such as paper mache.

In January, for the 2nd and 3rd part of this project, they made a train station and an airport.

In our Persian language literacy class, the beginner group has learned the following:

- The sounds of the Persian alphabets,
- Words containing the following letters:

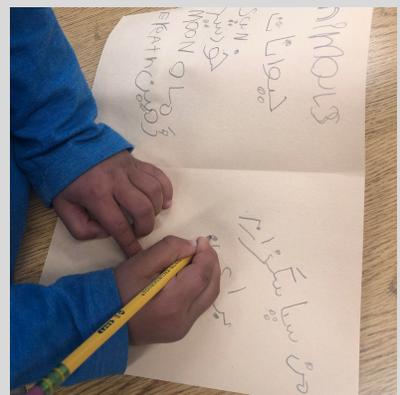
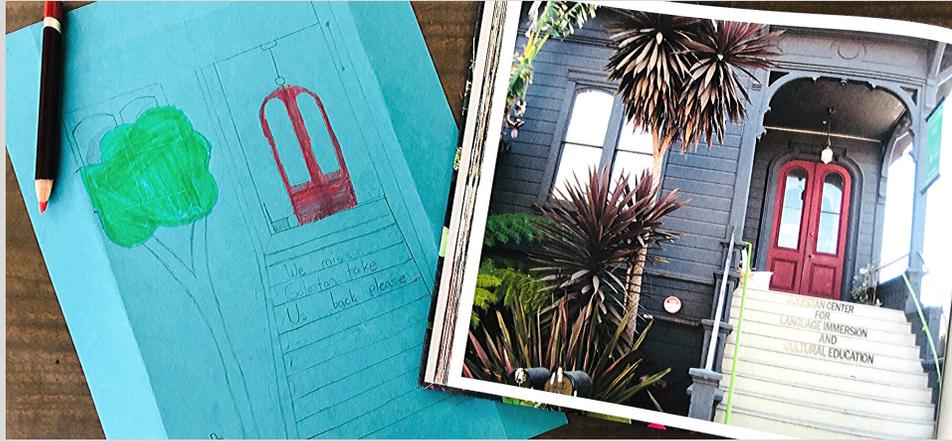
ا - ب - ت - د - و - ز - س - ش - ن - م - ک - پ

- Reading and writing short sentences made up of three words.

The intermediate group has learned the words that include the following letters:

ل ق - ف - ث - ج - ح - خ

They have also learned to read and write words and sentences that include the above letters.



Golestan's COLAB

WHAT IS THE COLAB? [CLICK HERE TO LEARN MORE.](#)



COLAB'S TUESDAYS TEA TOURS HAVE BEEN BUSY IN NOVEMBER AND DECEMBER!

Several educators from the local schools, such as Walden Center, The Berkeley School, and Tiny Care, visited Golestan.

In December, Golestan was one of the schools to participate in the **Green School yards Principals' Institute Learning Walk**. The learning walks are intended as "working tours" that provide insights into the process of developing and adopting green schoolyard programs.

We were eager to share our ideas and provide feedback on ways that schools can transform their outdoor play spaces with the participants of the Principals Institute.



One of the educators is testing the swinging net in the yard.



DIGHEH CHEH KHABAR?

"WHAT ELSE IS NEW?"

IN MEMORIUM

Golestan has established a scholarship fund in memory of Minou Modabber, the mother of Golestan co-founder and ED, Yalda Modabber. This scholarship celebrates Minou's life-long commitment to art, science, and languages. To contribute to the fund, please click [HERE](#).

Click [HERE](#) to learn more about Minou's personal and professional life.

GOLESTAN IN THE SPOTLIGHT

In November, Golestan was selected as 2019's Best Non-Profit Organization in El Cerrito. For details, click [HERE](#).

In January, Golestan was also selected as 2020's Best Preschool. For details, click [HERE](#).

"RAIIZZING" MONEY FOR GOLESTAN

[Raiizz](#) is an app that helps educational organizations raise money and protect the environment. Raiizz is your marketplace where buyers and sellers exchange all kinds of pre-owned or new items, with a minimum price of \$10 for each item, like toys, kitchenware, sports equipment, clothes, electronics, books, etc, and donate a percentage of the proceeds (chosen by the seller) to a school of your choice -- in this case, Golestan!

For the pilot test, Raiizz is donating 40 items with 100% of the proceeds going to Golestan!

[TRY RAIIZZ TODAY!](#)



THE MANY WAYS YOU CAN SUPPORT GOLESTAN



HELP US CLOSE THE GAP!

FILL THE GAP WITH OUR ANNUAL FUND.

We need our community's support more than ever! Please help us provide our students with the absolute best education possible while creating meaningful change in this country's standards in education.

This year's deficit is \$200,000; every gift of every size counts!

[Click HERE](#) to support our Annual Fund.



SUPPORT OUR CAPITAL CAMPAIGN

WE HAVE THE VISION. WE HAVE THE PLAN.
NOW WE NEED YOU.

Our world is increasingly dynamic. Our children's educations should be too. Help us raise the funds that enable us to build the next-level school campus, unlike anything you've ever seen before.

[Click HERE](#) to donate toward the construction of our beautiful school!

GOLESTAN'S WISH LIST

PLEASE HELP US
STOCK UP ON THE
MANY THINGS WE
NEED FOR OUR
SCHOOL.

YOU CAN ACCESS
OUR WISH
LIST HERE.



THANK YOU !!!



WANT TO SEE WHAT GOLESTAN
KIDS WERE UP TO??

HERE IS THE
October
Album



HERE IS THE
November
Album



HERE IS THE
December
Album



Please consider supporting our organization by making a tax deductible donation [HERE](#).

MARK YOUR CALENDARS!

**Sun
Feb
2**

DOREH 10A-12P

Join us at Golestan for our monthly Doreh. Golestan Dorehs are an opportunity for the greater Golestan Community to gather - bring your kids, balls/activities, snacks to share, musical instruments, etc.!

**Feb 17
Thru
Feb 21**

GOLESTAN CLOSED FOR PRESIDENT'S WEEK

Golestan will be closed in observance of President's day and for the remaining weekdays. School will be back in session on Monday, February 24, 2020.

